Psychological health and safety at work (ISO/DIS 45003)

Training course

STAGE 1 2 3

Essential information about the course

This course will enable you to gain an understanding of effective psychosocial risk management as part of an occupational health and safety management system based on ISO 45001.

On this one-day training course, you'll learn how to manage psychosocial risk across your organization as part of your overall occupational health and safety management system based on ISO 45001, in order to:

- Prevent psychosocial harm in the workplace
- Implement effective controls to eliminate or manage psychosocial risk
- Continually improve the management of psychosocial risk

You'll follow the recommendations of ISO/DIS 45003 Occupational health and safety management - Psychological health and safety at work: Managing psychosocial risks – Guidelines, gaining an understanding of its background; what creates psychosocial risk within an organization and the steps to take to eliminate or manage the risks and drive continual improvement.

Our course agenda

Day 1	
- Why manage psychosocial risk - The development of ISO 45003 - ISO 45003 structure - Context of the organization (Clause 4) - Leadership and worker participation (Clause 5) - Planning (Clause 6) - Support (Clause 7) - Operation (Clause 8) - Performance evaluation and management review (Clause 9) - Improvement (Clause 10)	Book today at **bsigroup.com/training**

Upon successful completion of your course, you'll receive an internationally recognized BSI certificate.

Make sure the course is right for you

Who is this course for?

Anyone who is involved in supporting your organization's psychological health and well-being and psychosocial risk management.

This may include health and safety, occupational health, human resource, compliance and risk and operational teams and managers.

What will I learn?	What are the benefits?
By the end of this course you'll be able to: • Identify why psychosocial risk management is important to an organization and recall its benefits • Describe the background of ISO/DIS 45003 and its intended outcome • Discuss the introduction to occupational stress • Recognize the terms and definitions used • Describe the key concepts and structure of ISO/DIS 45003 • Explain the main recommendations of ISO/DIS 45003	This course will help you: • Identify the key requirements and benefits of ISO/DIS 45003 • Manage risks and opportunities associated with psychological health management • Take steps to ensure that health, safety and well-being is at the heart of your organization • Attract and retain workers and customers by meeting their current and future needs better

Prerequisites - you are expected to have the following prior knowledge:

> Delegates will need a good understanding of ISO 45001 and ideally will have attended: An understanding of ISO 45001/ISO 45001 Requirements Training Course.

Why invest in training from BSI?

We want to make sure you have the best learning experience possible. That's why we offer a range of training courses from beginner to expert. We create a positive learning environment, so you retain the knowledge and acquire the skills that will continue to be of use beyond the course.

When you attend a BSI training course, our tutors are the best in the business. They're truly passionate about sharing their knowledge and ensuring you learn. Trusted experts with years of hands-on and business experience, they bring the subject matter to life with relevant and contemporary examples to enhance your learning.

Training delivered at your site could be a convenient and cost-effective option, especially if you have multiple delegates. Talk to one of our experts to find out more.

Next steps with the BSI Academy

Want to learn more? You may be interested in:

• ISO 45001 Requirements, Implementing, auditing or masterclass
• Pandemic Preparedness and Business Continuity
• Business Continuity
• PAS 3000 Smart Working
• Incident Investigation

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